

DEATH IN TRAILING SKIRT

Danger That Lurks in Present Day Obedience to Fashion's Whim

The following short story from the Woman's Journal is very timely in the warning given against trailing skirts:

Only a little dust, almost imperceptible dust, caught on the rug on the floor of the handsome hall.

It was a Turkish rug, lying on the perfectly waxed, hardwood floor, in a hall where neatness seemed to reign along with all the appointments of wealth.

But there was that almost imperceptible dust. How did it come there? If you had ears that could hear its voices it would tell you. It would say that it had clutched a fold on the beautiful lady's gown and come in from the street.

It was a beautiful gown as well as a beautiful lady—a tailor-made gown, and its fashionable bias blouse trailed stylishly on the ground.

Everything was stylish about the lady, from her fair face, with rather deep circles below the eyes, to her slender and handsome walking shoes. She walked trailing her gown properly, dust or no dust. Indeed, she ignored the dust of the street; but will the dust ignore her?

Let us listen, if she will not, for this almost imperceptible dust moves and acts with fearful force, and if we listen possibly we may understand its language.

Soon after coming in on the beautiful lady's gown, other steps followed and other gowns helped to move the dust along farther into the house; but it had a fancy for the beautiful lady. Her frailness attracted it and it followed her to the bed chamber. Her feet had never trod the loathsome precincts whence it came, but it came to her on her gown.

Soon there came to the chamber a little child, a sweet, rosy cherub. In its romping it stirred the dust about. Then the dust began to be separated, being formed of many particles, and these talked among themselves. As they talked they danced back and forth, waltzing, swirling, capering, with every motion of the child and its mamma, the beautiful lady.

A scientist could have understood them if he had caught some of them under his microscope. He would have called them "germs." With what alarm he would have recognized the diphtheritic, and with what dismay would he have seen the tuberculous germ approaching the frail lady.

Back and forth, dancing, capering, waltzing, the germs kept time while baby, in its mother's arms, said, as thousands of other little ones were saying—

"Now I lay me down to sleep,
I pray the Lord my soul to keep;
If I should die before I wake,
I pray the Lord my soul to take."

This baby was saying it for the last time.

When night came again, thousands of little voices sent up the baby prayers, but this one was gasping out its little life on mamma's bosom—destroyed by a germ.

A yellow card at the front door warned all comers against diphtheria. The beautiful lady vainly sought health for a year or more, then found rest "beyond the sorrow and the parting."

"Broken hearted," it was said. "Found death in the dust of the street," said the microscope. A victim of the long skirt.

Fashion and Consumption.

In all American cities and most of the larger towns promiscuous expectation is prohibited. There are ordinances and rules against spitting in public conveyances, on the floors of assembly halls and on the sidewalks. Of necessity, however, this cannot be prevented in the gutters and on the pavements.

By educating the tuberculosis patient himself in regard to his duty to his fellow citizen much more can be done. A careful consumptive is a good citizen; a careless consumptive is an enemy to society and the state.

Even with the civil and self-imposed precautions, the dust of the highway and crossings is teeming with various disease germs. It is practically impossible to eliminate these beds of filth. In the cleanest streets such colonies of germs are present.

The use of long, dragging skirts on the average highway is the height of folly. It is worse. It is absolutely dangerous. The sweeping cloth picks up dust and dampened particles carrying tubercular germs. They are thus transplanted into the very household. In this simply yet sadly effective way, the children, so carefully guarded, are exposed to the dreaded plague. The entire family, satisfied with their fancied security, are stunned when tuberculosis claims one of their loved ones.

It may not strike the family circles. The household servants may be affected. Many of the deaths of domestic have their explanation. The mistress, after a shopping tour, leaves her mud-bordered skirt for the maid to clean. In the cloud of dust arising from the brush the fatal bacillus lurks. The girl, already weakened from too long hours indoors, succumbs. A few weeks later she is forced to stop work and waste away in hopeless dependence on her overburdened family or at public expense.

Another girl is easily obtained and the careless mistress never suspects any connection between her foolish fashion and the doomed domestic's sad fate.

Expectoration on the streets can never be stopped. The streets cannot be kept clean. But this can be done—

every woman should wear sensible skirts entirely clearing the ground. This will entirely eliminate this great avenue of tuberculosis invasion.

A Vegetarian Dinner
Soup
Vegetable
Entrée
Roast Imperial
Vegetables
Scalloped Potatoes
Chopped Cabbage
Macaroni with Tomato Sauce
Stewed Vegetable Oysters
Breads
Graham Bread
Dessert
Cream Crisps
Steamed Pig Pudding with Lemon Sauce

The American Heart.

We have heard much about the American stomach and the American nerves, but we are just awakening to a discovery that there is being rapidly developed a form of heart disease which, if not peculiar to America, may at least be said to be more prevalent in this country than in any other part of the world. The heart-weakness resulting from the use of tobacco and alcohol and from a sedentary life on the one hand, and extremely violent exertion on the other hand, is no longer a rare condition, but has come to be one of the most common affections with which the physician has to deal. A large proportion of the men rejected in the army examinations are refused on account of heart weakness. A large proportion of the public men who die suddenly die as a result of the failure of the heart. The same may be said also of many of the cases in which the cause of death is reported to be pneumonia, typhoid fever and other affections in which special strain is brought to bear upon the heart, and in which the failure of the organ to meet the emergency is one of the most common causes of death. The cigar, the cigarette and the pipe are probably the most common cause of this growing frequency of cardiac affections; but the neglect of physical exercise, overeating, the use of condiments and excesses of all sorts are also to a large degree responsible for the rapid increase of this grave malady.

SOME WHOLESOME RECIPES.

Vegetable Soup.—Simmer together slowly for three or four hours, in five quarts of water, a quart of split peas, a slice of carrot, a slice of white turnip, one cup of canned tomatoes and two stalks of celery cut into small bits. When done, rub through a colander, add milk to make of proper consistency, reheat, season with salt and cream, and serve.

Roast Imperial.—Mix together one half cup of lentil pulp (prepared by rubbing well-cooked lentils through a colander), one-half cup of pea pulp, one-half cup of English walnuts, and season to taste with sage and salt. Line an oiled baking dish one-half inch deep with the mixture. Pack in loosely a dressing made from the following ingredients: Four slices of zwieback, steamed until softened, one half cup of hot cream, sage and salt to taste, and one well-beaten egg. Mix together lightly with a fork. Cover closely with peas, lentil and nut mixture. Spread over the top thick cream bake in a moderate oven until firm enough to cut into slices. Serve with cranberry sauce or fruit jelly.

Scalloped Potatoes.—Paré the potatoes and slice thin; put them in layers in an earthen pudding dish, dredging each layer lightly with flour, add salt, and pour over all enough good rich milk to cover well. Cover, and bake rather slowly till tender, removing the cover just long enough before the potatoes are done, to brown nicely. If preferred, a little less milk may be used, and a cup of thin cream added when the potatoes are nearly done.

Chopped Cabbage.—Take one pint of finely chopped cabbage; pour over it a dressing made of three tablespoonfuls of lemon juice, two tablespoonfuls of sugar, and a half cup of whipped cream, thoroughly beaten together in the order named. This is also nice served simply with sugar and diluted lemon juice.

Macaroni With Tomato Sauce.—Break macaroni into inch lengths, enough to make one cup, and drop into boiling water. Let it boil until perfectly tender. In the meantime, prepare the sauce by rubbing a pint of stewed or canned tomatoes through a colander to remove all seeds and fragments. Heat to boiling, thicken with a little flour; a tablespoonful to the pint will be about the requisite proportion. Add a half cup of very thin sweet cream and one teaspoonful of salt. Dish the macaroni in individual dishes, and serve with a small quantity of the sauce poured over each dish.

Steamed Pig Pudding.—Moisten two cupfuls of finely grated Graham bread crumbs with half a cup of thin sweet cream. Mix into it a heaping cupful of finely chopped fresh figs, and a quarter of a cup of sugar. Add lastly a cup of sweet milk. Turn all into a pudding dish, and steam about two and one-half hours. Serve as soon as done with a lemon sauce prepared as follows: Heat to boiling in a double boiler a pint of water in which are two slices of lemon, and stir into it a dessert spoonful of cornstarch; cook four or five minutes, or until it thickens. Squeeze the juice from one large lemon, and mix it with two-thirds of a cup of sugar. Add this to the cornstarch mixture, and allow the whole to boil up once, stirring constantly; then take from the fire. Leave in the double boiler, surrounded by the hot water, for ten minutes. Cool to blood heat before serving.

THEY GET TOGETHER

Meeting Is Held by French Premier And German Ambassador.

DEFINITION IS LAID DOWN.

Details Are Being Arranged and officials Expect to Announce Plans For a Conference in the Course of Four or Five Days.

Paris, June 21. — An international conference for the consideration of affairs of Morocco is now practically assured as the result of the conversation between Premier Rouvier and Prince Radolin, the German ambassador, and attention is now directed to defining the scope of the conference. Details are being rapidly arranged, and the officials expect to be able to announce the plans for the conference in the course of four or five days.

This result, after the severe strain which tested the diplomatic resources of both governments, has the effect of relieving the tension, the officials of the foreign office and the diplomats of the German embassy agreeing that an amicable adjustment is near at hand.

Although the acceptance of the conference gives a certain measure of success to German diplomacy, yet M. Rouvier emerges from the controversy with the advantage of having brought Germany to exactly define the scope of the conference and so to rid it of the objection of being a menace to French interests.

Although the basis of the conference has not been settled, it is understood that the two governments substantially agree on some of the main features involved. Germany has suspected that France had designs on the sovereignty of Morocco, but the negotiations disclosed that France had not questioned this sovereignty. Similarly, it was disclosed that France had not designed to interrupt the present territorial or political status quo of Morocco. This appears to have been one of Germany's chief apprehensions, as any change in Morocco's status quo might involve ultimate French protectorate similar to that over Tunis.

With both governments favorable to the sovereignty of Morocco and to her territorial and political status quo it remains for the conference to adjust the equality of commercial rights, as Germany desires this assurance from an international agreement. Therefore, the conference is not likely to consider changes in the political status of Morocco, but rather international reforms and commercial privileges.

A dispatch to the Temps from Metz says that the Sixteenth German army corps is showing less activity than the Twentieth and Sixth French army corps, as the Sixteenth German army corps has been continually on a war footing and is prepared for immediate mobilization. The dispatch says that the inspection of troops has been active on both sides. However, this activity has been less marked recently, as all eyes have been turned toward Paris in the expectation of a favorable result of the diplomatic negotiations.

RUSSIAN OFFICERS PROTEST.

Acting as Police Shuts Them Out of Social Functions.

London, June 21.—A dispatch from St. Petersburg to the Reuter Telegram company says that several hundred officers held a meeting June 15 at Krasnoye Selo, sixteen miles from St. Petersburg, to discuss the situation created by recent events and to protest against their constant employment in the role of police. General Rehlinger, commanding the guard, ordered the meeting to disperse on the ground that it was illegal. Officers stepped forward and declared that they were all faithful subjects of the Czar, but could not remain in the position of military policemen. It was a position, they said, which completely isolated them from society, towards which they practically sustained the role of butchers. General Rehlinger still insisted that the meeting disperse, but promised them a speedy opportunity to meet legally.

Russian Wheat Harvest.

St. Petersburg, June 15.—The prospect of a good Russian wheat harvest continues. In the south, southwest and northern Caucasus, Vistula region and the Ural provinces the crop is far above the average.

Killed by Explosion.

London, June 19.—The Tokio correspondent of the Daily Telegraph says that thirty-five Koreans were examining a torpedo which was washed ashore on the coast, when the torpedo exploded and all the Koreans were blown to atoms.

Demand For Ammunition.

Berlin, June 21.—The war in the Far East is causing such a demand for ammunition that the German artillery manufacturers are overrun with orders.

LINEVITCH REPORTS TO CZAR.

He Tells of The Russian Evacuation of Liaoyangwoeng.

St. Petersburg, June 21. — General Linevitch, under date of June 17, telegraphed to the emperor as follows: "From 2 a. m. until 8 a. m., June 16, our force engaged in the neighborhood of Liaoyangwoeng, a Japanese force consisting of infantry and two batteries of artillery which approached from the south to about five miles of Liaoyangwoeng. Our detachment southward checked the offensive movement, and the Japanese retired."

"At about 8 a. m. a turning movement on the left flank executed by a battalion of Japanese infantry and three squadrons of cavalry was also reported. Our right flank was turned by a regiment of infantry, several squadrons of cavalry and some artillery. The commander of our detachment consequently was forced to evacuate Liaoyangwoeng and a Japanese force entered Liaoyangwoeng with a division of infantry, thirty squadrons of cavalry and four batteries of artillery. Three Japanese squadrons occupied Simlaochen, but our detachment forced them to evacuate the place."

"At dawn today a company of Japanese infantry assumed the offensive east of the railway, but were dislodged by a detachment of volunteer sharpshooters."

"According to reports from Korea, the enemy is advancing in the direction of Kongchen and Munsan."

Telegraphing June 18, Linevitch said there had been no change in the situation.

JOHN HAY HAS RETURNED.

The Secretary of State Goes to His Summer Home.

Washington, June 21. — Secretary Hay arrived from New York at 6:30 this evening. Two hours later he called at the White House and was at once received by the president with whom he spent the greater part of the evening. The secretary, who has been in Europe taking a complete rest, is expected to remain in Washington but a few days, and will spend the summer at his home on Lake Sunapee, New Hampshire.

Washington, June 21. — Mr. Hay paid his respects to the president after his long sojourn for health in Europe, and had a general talk with the president on pending matters. While he was there Secretary Taft arrived at the White House and joined the president and Mr. Hay. Secretary Hay will attend the cabinet meeting tomorrow. He looked considerably improved in condition and remarked as he left the White House that he was feeling well. He said he would remain in Washington through this week and would then proceed to his Sunapee home.

EFFORTS STILL CONTINUE.

Another Attempt to End the Chicago Strike Will be Made.

Chicago, June 21. — Another effort is to be made by the teamsters to bring about a settlement of their strike. At a meeting of the teamsters' joint council called tonight to consider the best method of bringing about the termination of the trouble it was decided to appoint a committee which is to confer with the executive committee of the International Brotherhood of Teamsters and decide upon terms to be offered to the employers. The meeting between these two committees will be held tomorrow or Wednesday. President Shea of the Teamsters' Union declared tonight that he would not interfere in any manner with the work of either of the committees and if they bring about a settlement of the strike it will be binding upon the teamsters.

The employers have repeatedly declared that they will hold no more conferences with the teamsters unless the men appearing in the conference in behalf of the teamsters have full power to settle the strike. They have also declared that there can be no settlement unless the unions are prepared to accept the terms of the Employers' association. The situation is rapidly improving from the standpoint of the employers and they have reached almost normal conditions in making deliveries of goods.

For Charitable Purposes.

Vienna, June 19.—Baron Nathaniel de Rothschild, who died June 13, left the sum of \$4,000,000 to be distributed for various charitable purposes.

In Private Audience.

Rome, June 21.—The pope received in private audience Archbishop Ryzan of Philadelphia.

Writ of Habeas Corpus.

Montreal, June 21.—Justice Oulmet ordered the issue of a writ of habeas corpus in the case of Gaynor and Greene on a petition alleging lack of jurisdiction.

Selects New Admiralty Head.

Sevastopol, June 19.—Vice Admiral Choukno, commanding the Black sea fleet, has departed for St. Petersburg. His summons to the capital is connected with the report that he will succeed Admiral Avelan as head of the Russian admiralty department.

CHANGED MEANING OF WORD.

"Nerve" No Longer Has Exclusively Medical Significance.

Sir Frederick Treves, the celebrated English surgeon, asserted that the Japanese "have no nervous system" and that "nerves," as western nations know the term, is untranslatable in Japan. This invites a reference to the significant history of the words "nerve" and "nervous." A "nerve," by derivation from Greek and Latin and by earlier English use, is really a sinew. When Pope speaks of "nervous arms" he means exactly the "brawny arms" of the village blacksmith; and this sense survives metaphorically in a "nervous style of writing," which is very different from a "neurotic" one. Shakespeare used "nervy" in the same sense. But now that "nerves" no longer mean sinews, "nervous" in the common use has almost reversed its old meaning. In Dr. Johnson's time "nervous" in the modern sense was still only "medical cant." Now men of "nerve" are very different from men of "nerves."

So many things we can't understand because we are unable to concentrate our mind to a thoughtful object.

Nervous Women

Their Sufferings Are Usually Due to Uterine Disorders Perhaps Unsuspected

A MEDICINE THAT CURES

Can we dispute the well-known fact that American women are nervous? How often do we hear the expression, "I am so nervous, it seems as if I should fly," or, "Don't speak to me." Little things annoy you and make you irritable; you can't sleep, you are unable to quietly and calmly perform your daily tasks or care for your children.

The relation of the nerves and generative organs in women is so close that nine-tenths of the nervous prostration, nervous debility, the blues, sleeplessness and nervous irritability arise from some derangement of the organism which makes her a woman. Fits of depression or restlessness and irritability. Spirits easily affected, so that one minute she laughs, the next minute weeps. Pain in the ovaries and between the shoulders. Loss of voice; nervous dyspepsia. A tendency to cry at the least provocation. All this points to nervous prostration.

Nothing will relieve this distressing condition and prevent months of prostration and suffering so surely as Lydia E. Pinkham's Vegetable Compound.

Mrs. M. E. Shotwell, of 103 Flatbush Avenue, Brooklyn, N. Y., writes:

"I cannot express the wonderful relief I have experienced by taking Lydia E. Pinkham's Vegetable Compound. I suffered for a long time with nervous prostration, backache, headache, loss of appetite. I could not sleep and would walk the floor almost every night."

"I had three doctors and got no better, and life was a burden. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it has worked wonders for me."

"I am a well woman, my nervousness is all gone and my friends say I look ten years younger."

Will not the volumes of letters from women made strong by Lydia E. Pinkham's Vegetable Compound convince all women of its virtues? Surely you cannot wish to remain sick and weak and discouraged, exhausted each day, when you can be as easily cured as other women.

ILL LUCK IN MAY WEDDINGS.

Popular Superstition Has Descended From the Romans.

May weddings are supposed by many persons to be unlucky. It is a heritage from the ancient Romans. A May bride, says Ovid, is short-lived, his explanation being that the month included the celebration of the Lemuria in honor of the dead. Apart from any evil omen, such a time of mourning would interfere with the bathing and toilet arrangements that were proper preliminaries to weddings. Plutarch suggests that as April was the month of Venus, and June that of Juno, to select May was to slight those nuptial goddesses; or that June, as the month of the young (juniores), was preferable to May, the month of the old (majores). Ovid's "Mense malas malo nubere vulgi a!" (there is a popular saying that wicked women wed in May) was inscribed on the gate of Holyrood when Mary queen of Scots married Bothwell in May, 1567. What followed strengthened Scottish belief in Mary's unluckiness.

When success comes to a man he is considered a "lucky dog." When it doesn't he is just a plain flea-bitten dog.

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THE OPPORTUNITY OF TO-DAY

The opportunity for the man with little means is probably better to-day in the prairie states of the Southwest than ever before in the history of the nation. To be sure, there is not the vast open choice of land for the homesteaders that existed in the '70s. The lands then taken up under Government laws are now prosperous farms and ranches. There is need of more hands to develop the country. In the Southwest, Indian Territory, Oklahoma and Texas, are vast areas of unimproved land not yet producing the crops of which it is capable. Practically the same thing is true of the towns. Few lines of business are adequately represented. There are openings of all sorts for wide-awake men. Are you one?

If you are interested, tell us what you want, how much you have to invest, and we will gladly furnish the information. Write for a copy of our paper, of our paper, of our paper. Address: GEORGE MORTON, G. P. & T. A. BOX 911, ST. LOUIS, MO.

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FOR \$25.00 we will sell the celebrated HUBBARD CREAM SEPARATOR, capacity, 500 pounds per hour; 80 pounds capacity per hour for \$25.00; 100 pounds capacity per hour for \$34.00. Guaranteed to be the best separator that can be made. We will ship the separator by express, and we will immediately return any money you may have paid for a separator of any other make, if you return the separator to us at our expense and we will immediately return any money you may have paid for a separator of any other make, if you return the separator to us at our expense.

OUR OFFER: We will ship the separator by express, and we will immediately return any money you may have paid for a separator of any other make, if you return the separator to us at our expense and we will immediately return any money you may have paid for a separator of any other make, if you return the separator to us at our expense.

by return mail, free, postpaid, our LATEST SPECIAL CREAM SEPARATOR CATALOGUE. You will get our big offer and our free trial proposition and you will receive the MOST ASTONISHINGLY LIBERAL CREAM SEPARATOR OFFER EVER MADE OF. Address: SEARS, ROEBUCK & CO., CHICAGO.

The Secret of Good Coffee

Even the best housekeepers cannot make a good cup of coffee without good material. Dirty, adulterated and queerly blended coffee such as unscrupulous dealers shovel over their counters won't do. But take the pure, clean, natural flavored

LION COFFEE, the leader of all package coffees—the coffee that for over a quarter of a century has been daily welcomed in millions of homes—and you will make a drink fit for a king in this way:

HOW TO MAKE GOOD COFFEE.

Use LION COFFEE, because to get best results you must use the best coffee. Grind your LION COFFEE rather fine. Use 1/2 tablespoonful to each cup, and one extra for the pot. First mix it with a little cold water, enough to make a thick paste, and add white of an egg (if egg is to be used as a settler), then follow one of the following rules:

1st. WITH BOILING WATER. Add boiling water, and let it boil THREE MINUTES ONLY. Add a little cold water and set aside five minutes to settle. Serve promptly.

2d. WITH COLD WATER. Add your cold water to the paste and bring it to a boil. Then set aside, add a little cold water, and in five minutes it's ready to serve.

3. Don't boil it too long. Don't let it stand more than ten minutes before serving. Don't use water that has been boiled before.

TWO WAYS TO SETTLE COFFEE.

1st. With Eggs. Use part of the white of an egg, mixing it with the ground LION COFFEE before boiling.

2d. With Cold Water instead of eggs. After boiling add a dash of cold water, and set aside for eight or ten minutes, then serve through a strainer.

Insist on getting a package of genuine LION COFFEE, prepare it according to this recipe and you will only use LION COFFEE in future. (Sold only in 1 lb. sealed packages.) (Lion-head on every package.) (Save these Lion-heads for valuable premiums.)

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